



## **SOCIAL DEVELOPMENT**

### **Parachute Blizzard music game**

If you don't have a parachute you can use a sheet or a light blanket. Add different music to this activity and have the children shake the parachute faster or slower according to the music that is playing.

<http://www.sotomorrowblog.com/2013/01/indoor-blizzard.html>

**Target: social interactions**

### **Going on a Bear Hunt**

<https://www.youtube.com/watch?v=Wzlcu6tbEko>

**Target: cooperation**

### **Musical Sensory Bin**

<https://fun-a-day.com/easy-musical-sensory-bin-homemade-shakers/>

**Target: sharing**

### **Food Charades**

Have the children act out different types of food such as: Popcorn popping Toast popping out of a toaster Fish swimming A peeling banana etc.

**Target: sharing ideas**

## **PHYSICAL DEVELOPMENT:**

### ***Fine Motor***

#### **Drum Games**

<https://www.andnextcomesl.com/2014/02/exploring-tempo-in-music-with-drum-games.html>

**Target: eye hand coordination**



#### **Bell Bush**

An outdoor music activity.

<https://theeducatorsspinonit.com/tot-school-outdoor-music-and-more/>

**Target: eye hand coordination**



#### **Egg Shakers**

<https://www.mamasmiles.com/fancy-shaker-eggs-version-two/>

**Target: fine motor**



#### **Strumming**

<https://teachpreschool.org/2013/03/11/diy-musical-strummies/>

**Target: grasping**



## **Gross Motor**

### **Parachute Songs**

This link provides a variety of activities to well know children's' song. Choose your favorite songs.

<http://www.sotomorrowblog.com/2013/08/program-idea-parachute-playtime.html>

**Target: coordination**

### **Jumping Animals**

You can put down pictures to assist making connections for younger children

<https://theinspiredtreehouse.com/physical-games-for-kids-jumping-animals/>

**Target: balance**

### **Tissue Dance**

<https://www.trueaimeducation.com/the-tissue-dance/>

**Target: balance**

### **Shake Break**

<https://www.youtube.com/watch?v=zl5QodAFuVk>

**Target: large muscle movement**

### **Musical Yoga**

Do different yoga moves to classical music

**Target: coordination**

## **INTELLECTUAL DEVELOPMENT**

### **Cognitive**

#### **Musical Imitation**

You can play this game with a variety of instruments

<https://www.andnextcomesl.com/2015/07/musical-imitation-oral-motor-activity-for-kids.html>

**Target: repetition**

#### **Walk in the Jungle Song**

You can find the song on YouTube

<https://thepreschooltoolboxblog.com/walkin-in-the-jungle-gross-motor-and-sequencing-for-preschool/>

**Target: sequencing**

#### **Shake! Shake! Shake!**

Make shakers by putting a small amount of dried rice, beans, metal bolts, sand, or pebbles in empty plastic bottles. Glue the caps securely to the bottles. Reinforce them by covering the caps with masking tape. Let the infants explore the different sounds made by the shakers. Sing the song:

*Shake it high* (hold the bottle overhead), *Shake it low* (hold the bottle by the feet), *Shake it, shake it, shake it, Watch us go* (shake it as you turn around) Repeat the song replacing high/low with fast/slow and front/back.

Target: cause and effect



**Head, Shoulder, Knees and Toes**

<https://www.youtube.com/watch?v=WX8HmogNyCY>

Target: labeling

**Music Note matching game**

<https://www.andnextcomesl.com/2013/10/music-note-matching-on-light-table.html>

Target: matching

**Sensory Feet**

Using pipe cleaners or a hair scrunchie attach various sized and number of bells for the children to wear around their ankles or wrist to make different sounds.

Target: cause and effect



**Language**

**Action Song**

<https://www.youtube.com/watch?v=TXrgyb97huM>

Target: vocabulary

**Freeze Dance**

<https://www.youtube.com/watch?v=2UcZWXvgMZE>

Target: repetition

**Hungry Caterpillar Rap**

[https://www.youtube.com/watch?v=tUBBh4QzTU&list=RD\\_tUBBh4QzTU&start\\_radio=1](https://www.youtube.com/watch?v=tUBBh4QzTU&list=RD_tUBBh4QzTU&start_radio=1)

Target: vocabulary



## **CREATIVE DEVELOPMENT**

**Jingle Bells**

<https://teaching2and3yearolds.com/how-to-turn-a-jingle-bell-craft-into-instrument/>

Target: decision making

**Make a Rain stick**

<http://preschoolpowolpackets.blogspot.com/2019/01/rainstick-instrument-craft-sensory.html>

Target: creativity



### **Classic Music Movement**

This link offers different activities to do to classical music. You can find classical music on YouTube.

**Target: creative movement**

### **EMOTIONAL DEVELOPMENT**

#### **Dancing with Ribbons**

<https://buggyandbuddy.com/make-dancing-ribbon-rings/>

**Target: self expression**



#### **Plate Dance**

<https://childhood101.com/a-musical-innovation/>

**Target: independence**



#### **Feather Dance**

Feather Dance Take a bag of colored feathers. Give each child one to “feather dance” with. While the music is playing, have the children keep the feather in the air by blowing it. After a while, you can throw the whole bag of feathers in the air, and the kids can run around gathering up their own little bunches. For clean up, just give each child a color to pick up, so there won’t be any feathers left on the floor.

**Target: self confidence**

#### **Paint to Music**

Offer the children a variety of painting materials and play music for the children and ask them to paint what they feel.

**Target: self expression**