

## **SOCIAL**

### **Earth Art**

<https://handsonaswegrow.com/kids-earth-art/>

**Target:** peer interactions

### **Read a book outside**

**Target:** taking turns

### **Nature Study Kit**

<https://rainydaymum.co.uk/nature-study-kit-kids/>

**Target:** peer discussion

### **Picnic**

Set up a blanket on the ground and have a picnic with the children

**Target:** peer interactions

### **Outdoor Pouring Station**

<https://busytoddler.com/2015/09/pouring-station/>

**Target:** taking turns



## **PHYSICAL**

### ***Gross motor***

#### **Jump the River**

Lay out two jump ropes, or draw two chalk lines to represent the brook, and have kids try to jump over it. Try making it wider in some spots and narrower in others for a few levels of challenge.

**Target:** balance

**Soccer** Instead of playing a real game, just let kids enjoy kicking the ball and aiming it toward a goal or a large cardboard box or laundry basket turned on its side. **Target:** coordination

#### **Pool Noodle ring toss**

<https://trishsutton.com/pool-noodle-ring-toss/>

**Target:** coordination

#### **Outdoor Balance Beam**

<https://handsonaswegrow.com/outdoor-play-balance-beam/>



**Target: balance**

**Outdoor Scavenger Hunt**

<https://handsonaswegrow.com/32-ways-kids-can-go-on-scavenger-hunts/>

**Target: coordination**

### ***Fine Motor***

**Blowing bubbles**

**Target: grasping**

**Fly Swatter painting**

<http://munchkinsandmoms.com/fly-swatter-painting/>

**Target: eye hand coordination**



**Bubble Snakes**

<http://onelittleproject.com/bubble-snakes/>

**Target: grasping**



**Ice Bowling**

<http://www.learnplayimagine.com/2013/04/gross-motor-games-ice-bowling.html>

**Target: eye hand coordination**

**Backyard Carwash**

<https://www.notimeforflashcards.com/2008/06/you-may-want-to-do-this-outside.html>

**Target: grasping**

**Nature Cutting Bin**

<https://busytoddler.com/2020/05/nature-cutting-bin/>

**Target: eye hand coordination**

### **INTELLECTUAL**

**Erupting Watermelon**

<https://www.naturalbeachliving.com/watermelon-science-activities>

**Target: cause and effect**

**Nature Investigation**

<https://www.notimeforflashcards.com/2009/04/happy-earth-day.html>

**Target: labeling**

**Memory game**

<http://www.123homeschool4me.com/2015/07/giant-outdoor-memory-game-for-kids.html>



**Target: matching**

**Math and Movement**

<https://www.messforless.net/outdoor-math-game/>

**Target: counting**



**Nature Color Hunt**

<https://www.notimeforflashcards.com/2009/05/nature-scavenger-hunt.html>

## **CREATIVE**

**Painting with water**

<https://happyhooligans.ca/painting-water-activity-for-kids/>

**Target: decision making**



**Outdoor Soup**

<http://www.craftykidsathome.com/toddler-water-play-making-daisy-soup/>

**Target: making choices**

**Kool Aid Finger paint**

<http://www.growingajeweledrose.com/2013/05/summer-fun-with-kool-aid-paint.html>

**Target: creativity**



**Pom Pom Water Play**

<https://busytoddler.com/2019/06/pom-pom-water-play/>

**Target: sensory**

**Sandbox Volcano**

<http://www.growingajeweledrose.com/2014/04/sand-volcano-fun-for-kids.html>

**Target: sensory**



**Sidewalk Paint**

<https://thetiptofairy.com/diy-sidewalk-foam-paint/>

**Target: creativity**



## **EMOTIONAL**

**Sidewalk Chalk**

*(Give the children different colors of chalk to use their imagination create pictures on the sidewalk, fence, trees etc.)*

**Target: independence**

### Painting with your feet

<https://www.funathomewithkids.com/2013/08/big-art-painting-with-your-feet.html>

Target: self expression



### Mud Pies

<https://mysmallpotatoes.com/2012/03/24/build-a-mudpie-station/>

Target: self confidence



### Ice Boat Races

<http://www.123homeschool4me.com/2017/06/ice-boat-races.html>

Target: independence



### Nature Sensory Bin

<https://littlebinsforlittlehands.com/nature-sensory-bin-outdoor-explore-discover/>

Target: self- expression

