

**Special points of interest:**

- Activity Plan is on Fitness
- Monthly workshop is on 'Art is Just not for Painting'
- No Closure days in March
- [andrea-odyssey@shaw.ca](mailto:andrea-odyssey@shaw.ca)/[noreen-odyssey@shaw.ca](mailto:noreen-odyssey@shaw.ca)
- [www.odysseychildcare.ca](http://www.odysseychildcare.ca)

March 2019

## Admin Notes

### Website Information

Reminder the 2019 parent handbook, closure day list and our new policies list is on our website and can be viewed at anytime.

### Tax Receipts

The 2018 tax receipts will be completed by end of February and will be given to the providers in sealed envelopes. If you would like to pick it up please let us know.

### Surveys

We sent out parent surveys at the end of January. Please let us know if you did not receive one. This is one of the ways we get feedback from the families so please take the time to fill them out and bring them back. We have a sealed box here in the office or they can be returned through the drop slot in the door. They can also be done online and the site was sent out last month. If you need it again please let us know.

### Office Hours

Please note our office hours will be changing as of March 1, 19.

The hours will change to 9am-430pm M-F and open through lunch. Also until 630pm on the 15th and last day of the month or the Friday before. If a later or earlier time is needed for an appointment arrangements can be made.

## Notifying Families of Incidents

**WHEN A CHILD IS INJURED AT THE DAY HOME, NO MATTER WHAT THE INJURY IS THE PARENTS WILL BE NOTIFIED OF THE INJURY WHEN IT HAPPENS. IN SOME CASES THE PARENTS MAY NEED TO COME TO THE DAY HOME TO ASSESS THE INJURY THEMSELVES. THIS WILL BE TO DETERMINE IF**

**THEY NEED TO GO HOME OR TO THE DOCTOR. IF WE CANNOT GET A HOLD OF A PARENT WE WILL TRY THE EMERGENCY CONTACT IF THE SITUATION WARRANTS IT. PLEASE CONTACT THE OFFICE IF YOU HAVE ANY QUESTIONS IN REGARD TO THIS. IT IS PART OF OUR POLICIES THAT THIS WILL HAPPEN.**

## Jeanie's Falafel



### Ingredients

1 (19 ounce) can garbanzo beans, rinsed and drained  
 1 small onion, finely chopped  
 2 cloves garlic, minced  
 1 1/2 tablespoons chopped fresh cilantro  
 1 teaspoon dried parsley  
 2 teaspoons ground cumin  
 1/8 teaspoon ground turmeric  
 1/2 teaspoon baking powder  
 1 cup fine dry bread crumbs  
 3/4 teaspoon salt  
 1/4 teaspoon cracked black peppercorns  
 1 quart vegetable oil for frying

### Directions

Mash the garbanzo beans in a large bowl. Stir in the onion, garlic, cilantro, parsley cumin, turmeric, baking powder, bread crumbs, salt and pepper. Do not be afraid to use your hands.

Shape the mixture into 1 1/2 inch balls; you should get 18 to 24. If the mixture does not hold together, add a little water.

Heat the oil in a deep fryer to 375 degrees F (190 degrees C). Carefully drop the balls into the hot oil, and fry until brown. If you do not have a deep fryer, heat the oil in a heavy deep skillet over medium-high heat. You may need to adjust the heat slightly after the first couple of falafels, and be sure to turn frequently so they brown evenly.

"WE GET STRENGTH  
 AND  
 ENCOURAGEMENT  
 FROM WATCHING  
 CHILDREN."

Hayao Miyazaki

Taken from:

[https://www.brainyquote.com/quotes/quotes/h/hayaomiya\\_z501510.html](https://www.brainyquote.com/quotes/quotes/h/hayaomiya_z501510.html)

## St Patrick's Day—Pot of Gold

There are many different ways to spend this day or activities to make. Here is a simple one the children will have lots of fun with.

Put out many different types of media and craft supplies. Allow the chil-

dren to make their own pot for gold. It can be anyway they desire.

Once they have their pot made allow them to search all over for chocolate coins you have previously hidden.



## Provider Notes

When dropping off the children in the morning please ensure they are ready for the day. This includes dry diaper, clean clothing, hygiene completed for the morning.

If your child is going to be late or absent from day

home please call the provider and let her know.

Please remember the times of your contract are the times the children may attend day home. If they are dropped off late or picked up early that is fine. An overtime charge may apply

if children are dropped off before the time of the contract or if they stay later than the end time of the contract. This fee is paid directly to the providers and is charged at the providers discretion.



