

SOCIAL

Canada Discussion

This site has some good information sheets

<http://www.pembertonmuseum.org/media/259654/Canada-for-Kids.pdf>

<http://www.kids-world-travel-guide.com/canada-facts-for-kids.html>

Target: sharing ideas

Map of Canada

Draw a large outline of Canada on a piece of white poster board (there are a lot of examples on the internet). Have the children cut out the attached provincial flags and as a group take turns gluing the flags onto the right areas of the map.

<http://www.kidzone.ws/geography/alberta/index.htm> (website with information on each province)

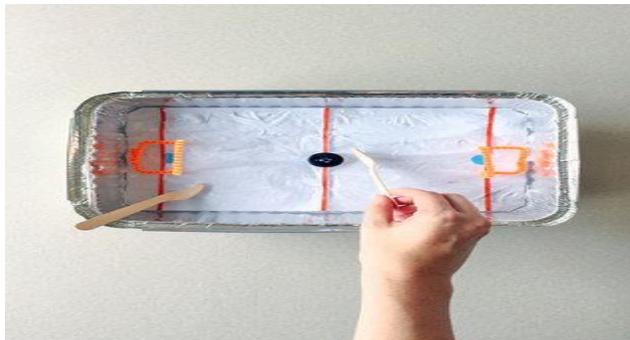
Target: team work

Canada Video

<http://easyscienceforkids.com/all-about-canada/> **Target: group discussion**

Table top hockey

<http://www.handmadecharlotte.com/diy-tabletop-ice-hockey/>



Target: taking turns

PHYSICAL

Gross motor

Ring Toss

Ring toss is made from a recycled paper towel roll wrapped red and white duct tape, and then it is hot glued it to piece of cardboard or poster board. The rings are made from several pipe cleaners wrapped together. **Target: eye hand coordination**



Water Balloon

Fill up several red and white balloons with water. You can play several different games. The children can toss the balloons back and forth. They can throw them at a target or into a container that is a few feet in front of them. They can jump on them and try to squish them. This activity can be very open ended. REMEMBER SUPERVISION IS KEY BALLOONS CAN BE A CHOKING HAZARD!!!! **Target: coordination**

Dance with streamers

Buy a roll of red and white streamers. Rip of strips about 2-3 feet long. On a windy day take the children outside and have them move around holding the streamers in their hands. Variation: tie the streamers around their wrist, around their ankles, around their waist etc.as they move around.

Target: balance

Maple Syrup Glitter Painting

- 1 tbsp. maple syrup
- 2 tbsp. corn starch
- 1 tsp water (or more if paint is still too thick)
- white glitter (use as much or as little as you want)
- q-tips or paint brushes

Mix all the ingredients together until it's a nice, smooth paint consistency with a shiny, sparkly, sticky texture. It should also smell amazing! **Target: grasping**



Coin Trace

Give the children different types of coins, paper and crayons. Show the children how to place the coins under the paper and use the crayon to make an impression on the paper. If you have young children and are doing this activity supervision is very important as the coins can be a choking hazard. **Target: finger manipulation**

Painting Fireworks

<http://www.happinessishomemade.net/4th-of-july-kids-craft-painting-fireworks/>

Target: eye hand coordination

Canada Windsock



SUPPLIES:

- Red and white acrylic paint and paintbrushes
- Red glitter
- An empty tin can or roll up a piece of poster board
- Red and white ribbons or streamers
- Glue (hot glue is the best!)
- String for hanging
- *Optional:* other decorative items like red fun foam, red beads, red stickers, Canada stickers etc.

MAKING THE CANADA DAY WINDSOCK

1. Paint the entire can white and allow to dry.
2. Help your child make a red handprint on the can.
3. Sprinkle glitter on the handprint while it's still wet.
4. Paint red rectangles on either side of the handprint – or decorate as your child wishes!
5. Cut several lengths of ribbons to hang from the windsock. Glue the ribbons one at a time around the bottom of the can using a hot glue gun.
6. Punch two holes in the top of the can using a hammer and nail. Thread the two ends of a colourful piece of string through the holes and tie a knot inside to hold in place.
7. If you want your windsock to be weatherproof, make sure to spray on some acrylic sealer! **Target: grasping**

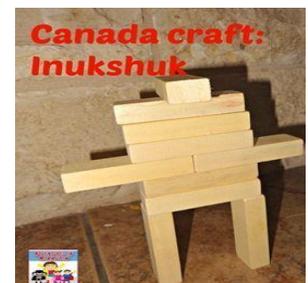
INTELLECTUAL

Cognitive

Build Inukshuks: “An Inukshuk is a stone landmark built by humans, used by the Inuit, Inupiat, Kalaallit, Yupik, and other peoples of the Arctic region of North America.” You can build your own simply by stacking rocks/wood – can you make one look like a person? An animal?

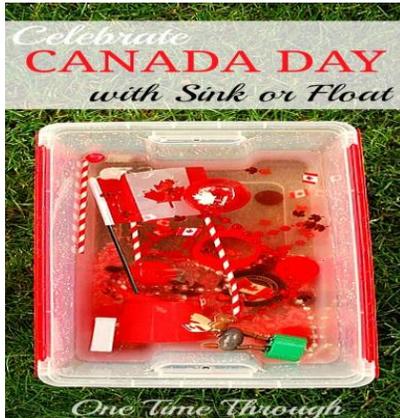
<http://momcrieff.com/build-stone-men/>

Target: sequencing



July 2017-Canada

Canada sink or float



<http://onetimethrough.com/canada-day-sensory-play/> **Target: sensory**

Bears in Canada

The Bears of Canada: Canada is home to three types of bears. Check out these websites and learn all about them:

[Global Action Network](#)

[Trail Canada](#)

[Churchill Viewing Tower](#) (YouTube video on the polar bear industry)

[Grizzly Monitoring](#) (YouTube video on how the Coastwatch Grizzly Monitoring Project collects bear DNA samples) **Target:**

Language

Canada Song (with video)

<https://www.youtube.com/watch?v=aHO8xAe-FKs> **Target: vocabulary**

This Land is our land (with video)

<https://www.youtube.com/watch?v=WSiMuKh1Wpo> **Target: repetition**

Dip Dip and Swing

<https://www.youtube.com/watch?v=7zDTdKRqZ9g> **Target: repetition**

Canada in My Pocket

<https://www.youtube.com/watch?v=VnZIAOSEmYQ> **Target: vocabulary**

All about Canada Song

Good resource to go with the making the map of Canada with provincial flags activity.

<https://www.pinterest.com/pin/71353975322795044/> **Target: vocabulary**

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Read a book about Canada

If you don't have any books see what the library has for books
Here is a link for books on you tube.

<https://www.youtube.com/watch?v=fyLGiN7HQJw> ABC of Canada

Target: vocabulary

Canada Animal Match

I have attached to the email several pictures of different animals that can be found in Canada.
Print out 2 copies of each page and use them for a matching game. Laminate for durability.

Here is a link with information on all of the animals

<https://www.canadiangeographic.ca/kids>

Target: matching

CREATIVE

<http://onetimethrough.com/canada-day-sensory-play/>

Canada Sensory bin- FYI: It won't stay looking like this very long **Target:sensroy**



Paper Bag Beaver

<http://momcrieff.com/build-stone-men/>

Target: making choices



EMOTIONAL

Maple Scented Play Dough

INGREDIENTS

- 2 cups [flour](#)
- 2 cups water
- 1 cup [salt](#)
- 2 TBSP [canola oil](#)
- 2 TSP [Cream of Tartar](#)
- Drizzle of [pure maple syrup](#)
- [Imitation Maple Flavor](#)

DIRECTIONS

1. Whisk the flour, water, salt, oil, Cream of Tartar, syrup, and maple flavor in a medium saucepan.
2. Stir the playdough ingredients over low until they clump together into a soft ball.
3. Remove the playdough from the saucepan and knead until smooth. **Target: independence**

Canada Scavenger Hunt

<http://www.cbc.ca/parents/play/view/canada-day-savenger-hunt>

You can also do this activity with just a bunch of Canada flags hidden in the play area or outdoors. **Target: confidence**

Hand Print Flag (you can use a shirt as shown here or just use a piece of white paper) **Target: decision making**



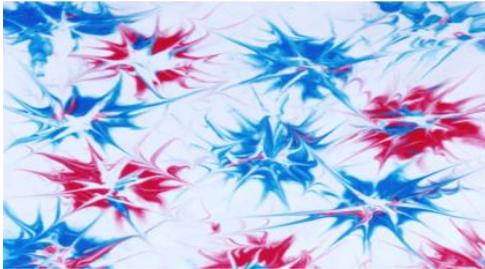
Shaving Cream Fireworks

<https://www.icanteachmychild.com/shaving-cream-fireworks/>

Target: independence



Shaving Cream
FIREWORKS



COOKING ACTIVITIES:

7 Layer Finger Jell-O

4 pkg. 3 oz. Jell-O (strawberry, cherry and raspberry)
4 pkg. Knox unflavored gelatin
1 can sweetened condensed milk

1. Mix 1 pkg flavored Jell-O with 1/2 pkg of unflavored gelatin. Add 1 cup boiling water. Stir to dissolve. Cool to room temp and pour into 9 x 13 glass pan. Refrigerate for 15 minutes



2. Mix 1 can sweetened condensed milk with 1 cup boiling water. In a small bowl, sprinkle 2 pkg unflavored gelatin over 1/2 cup cold water. Let stand a few minutes and then add 1/2 c boiling

water to dissolve gelatin; add to milk mixture and stir to combine. Cool to room temp and pour 1 cup of milk mixture over first layer of Jell-O. Refrigerate for 15 minutes.

3. Repeat for next three flavors. Let Jell-O set. Cut and serve! **Target: patterning**



RASPBERRY CHEESECAKE POPSICLES

INGREDIENTS:

- 8 oz. fresh raspberries (or blueberries/blackberries/cherries)
- 1 tablespoon water
- 4 oz. low fat cream cheese
- 3 tablespoons fat free milk
- 1 teaspoon vanilla extract
- 1/3 cup powdered sugar



DIRECTIONS:

1. In a small saucepan over medium heat, cook raspberries and 1 tablespoon of water for 10 minutes or until they are easily broken up with a wooden spoon.
2. Transfer mixture to a food processor (or strong blender) and puree till there are no lumps left. Refrigerate raspberry puree until cool, about 30 minutes.
3. Then in food processor, puree cream cheese, milk, vanilla extract and powdered sugar -until smooth.
4. In popsicle molds, layer raspberry puree and cream cheese mixture. Insert popsicle sticks and freeze for at least 2 hours. **Target: sequencing**

July 2017-Canada

Inukshuk Snacks
Target: creativity

<https://hubpages.com/food/o-canada-inukshuk-treats>



Rice Krispie Snack

<http://www.atasteofmadness.com/2015/06/red-and-white-rice-krispies-treats-with.html>

Target: taking turns



Bannock

<http://allrecipes.com/recipe/6919/bannock/>

Target: sequencing

Poutine

Ingredients

- 1 package frozen French fries, cooked according to package instructions
- 1 cup cheese curds (shredded mozzarella or Monterey jack cheese will work too)

For the Gravy:

- 4 tbsp. butter
- 1/2 tsp black pepper
- 1/4 cup flour
- 1 cup chicken broth
- 1 cup beef broth

(Instead of making gravy from scratch you can also buy a poutine gravy mix)

Instructions

1. Melt butter over medium-low heat. Sprinkle in the pepper, whisk to combine.
2. Slowly add in 1/4 cup of flour, constantly whisking to combine. After a minute or two of whisking the mixture will be thick.
3. Combine the broths in a measuring cup and slowly begin to pour into the flour mixture, whisking constantly, until smooth and well blended. Allow to cook several minutes until thickened.
4. Toss together the hot French fries with cheese in an oven proof dish or skillet. Pour your desired amount of gravy on top and pop back in the oven for a minute or two to let the cheese melt even more. Serve immediately. Enjoy! **Target: independence**